

Thursday Class Covid Plan

As of 24/09/2020

Below are the restrictions we must follow under the **Ausdance Industry Covid Safe Plan**. It is all just basic common sense and I am sure you have already been following these guidelines in other activities. We are currently permitted a maximum of 50 people in the hall.

When entering the venue

There will be a register at the door which must be signed. Information expected is:

- Date
- Full name
- Email address
- Phone number
- Postcode
- Time of entry

This information is held for 56 days before being destroyed.

- You will not be expected to fill out all the information every week, just your name and time of entry as we will have the other information after the first night.
- Temperatures will be taken at the door with a forehead thermometer but on the wrist.
- Please bring the correct change so there is less handling of money. We have the right to refuse admission to anyone if we have concerns.
- There will be hand sanitiser at the door to use before entry into the hall. Regular use of sanitiser will be expected during the class and will be available in a variety of locations.
- Please bring water in your own bottle and ensure you have enough for the night as the kitchen will be closed.

Signs and Symptoms

Symptoms reported in identified cases of COVID-19 novel coronavirus include:

- fever
- coughing
- sore throat
- fatigue
- shortness of breath

If you have any of these symptoms, do not attend the class.

Social Distancing

The usual social distancing of 1.5m will be observed. However, when you are on the dance floor, you are permitted to dance in pairs.

At this stage, we would like everyone to dance with the same partner as much as possible and to use hand sanitiser between partners.

Seating will be spaced 1.5m apart. Two seats placed together may be used by couples.

Good personal hygiene can help prevent the transmission of COVID-19. All staff and participants are encouraged to promote and engage in good hygiene practices such as:

- not attending activities if feeling unwell
- frequent hand washing or using alcohol-based sanitisers
- not sharing water bottles
- avoiding touching their face
- limiting touching of surfaces
- covering sneezes and coughs
- if using the toilet, please wash hands thoroughly afterward.

We are excited to welcome you back to social dance class. Remember to register your attendance, bring the correct change, stay home if you have symptoms and follow the social distancing guidelines.

All the best feet forward,

Ross & Trisha

Heidke Dance Studio

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